

IAGLCWDC Line Dance Competitions 2010-2011 Step Sheet for

Show Me Wot U Got

Choreographed by Neville Fitzgerald & Julie Harris

Description: 48 Count, 4 Wall Line Dance

IAGLCWDC Division: Advanced

IAGLCWDC Music Selection: "Cowboy Up.. (Radio Edit)", sung by Jill Johnson, 111BPM, CD: The Woman I've Become

- 1-8 MAMBO STEP, COASTER CROSS, ROCK & BEHIND & CROSS & HEEL**
1&2 Rock forward on Left, recover on Right, step Left next to Right.
3&4 Step back on Right, step Left next to Right, cross step Right over Left.
5&6& Rock to Left side on Left, recover on Right, cross step Left behind Right, step Right to Right side.
7&8 Cross step Left over Right, step Right to Right side, touch Left heel forward diagonal Left.
- 9-16 & CROSS, SIDE, SAILOR 1/2, STEP, PIVOT 1/2, WALK, WALK 1/4**
&1-2 Step Left next to Right, cross step Right over Left, step Left to Left side.
3&4 Cross step Right behind Left, make 1/4 turn to Right stepping Left next to Right, 1/4 turn to Right stepping forward on Right.
5-6 Step forward on Left, pivot 1/2 turn to Right.
7-8 Walk forward on Left, make 1/4 turn to Right walking forward on Right. (with attitude) R**
- 17-24 LEFT LOCK STEP, TOUCH, 1/2 TURN, ROCK STEP, COASTER CROSS**
1&2 Step forward on Left, lock Right behind Left, step forward on Left.
3-4 Touch Right toe next to Left heel, make 1/2 turn to Right stepping forward on Right.
5-6 Rock forward on Left, recover on Right.
7&8 Step back on Left, step Right next to Left, cross step Left over Right.
- 25-32 KICK & CROSS, TAP, TAP, KICK, BEHIND, SIDE, CROSS, SIDE, BEHIND, SIDE, CROSS**
1&2 Kick Right forward diagonal Right, step Right next to Left, cross step Left over Right.
3&4 Tap Right toe next to Left, tap Right toe next to Left, kick Right forward diagonal Right.
5&6& Cross step Right behind Left, step Left to Left side, cross step Right over Left, step Left to left side.
7&8 Cross step Right behind Left, step Left to Left side, cross step Right over Left.
- 33-40 ROCK, STEP, SAILOR 1/2, STEP 1/2 PIVOT, STEP 1/2 PIVOT**
1-2 Rock to Left side on Left, recover on Right.
3&4 Cross step Left behind Right, make 1/4 turn to Left stepping Right next to Left, 1/4 turn to Left stepping forward on Left.
5-6 Step forward on Right, pivot 1/2 turn to Left.
7-8 Step forward on Right, R* pivot 1/2 turn to Left.
- 40-48 WALK, WALK, STEP, PIVOT 1/2, STEP LOCK STEP, STEP LOCK STEP, STEP**
1-2 Walk forward Right-Left.
3-4 Step forward on Right, pivot 1/2 turn to Left.
5&6 Step Right forward diagonal Right, lock Left behind Right, step Right forward diagonal Right.
&7&8 Step Left forward diagonal

*** Wall 5/4th Pattern: Dance up to & including Count 7 (39) in Section 5. Then replace Count 8 (40) With HOLD, the dance will end at this point for competition purposes.